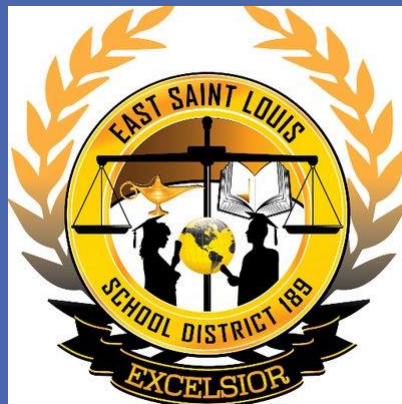


# SOCIAL AND EMOTIONAL LEARNING (SEL)

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A Key Ingredient to Postsecondary Success

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# East Side Aligned

## At a Glance

East Side Aligned is a movement to improve the **readiness** and **well-being** of children and youth within Greater St. Louis

Our work is guided by a shared agenda—**The Roadmap**—comprised of 4 big goals, 14 sub-goals and over 180 strategies

People from all walks of life **work together** to tackle the structural and systemic issues perpetuating inequity and injustice for our kids

# East Side Aligned Vision



## All children and youth are:

- Healthy, safe and secure
- Ready to learn and work
- Empowered to create change

# What is SEL?



## Common Definition

Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

# Framework for Systemic Social and Emotional Learning



# What Employers Want?

## What the Data is Telling Us...

Survey results collected from the National Association of Colleges and Employers (NACE) on the top 10 skills employers want in graduates. The top four skills are directly related to SEL competencies:

1. Ability to work in a team structure (relationship skills)
2. Ability to make decision and solve problems (decision-making)
3. Ability to communicate verbally with people inside and outside an organization (social awareness)
4. Ability to plan, organize and prioritize work (goal-directed behavior)

# What Schools Should Do?

## Make SEL a Priority

### *Why*

- A growing body of evidence demonstrates that it works!
- Education stakeholders support it.
- ESSA requires it 😊

### *How*

Doing so entails implementing policies, standards, and guidance that support teachers and administrators to integrate SEL with academic instruction. It also entails investment of resources.

# East St. Louis School District 189



## Strategic Plan Goal 3: Safe and Healthy Environments

***Foster a positive culture and climate that supports the health and social-emotional well-being of every student.***

3.1 Provide all students access to a comprehensive Pre-K through 12 social and emotional learning curriculum and assessment tools.

3.2 Ensure District 189 will be a fully implemented, trauma-informed school district that uses social emotional standards as a basis for reviewing, revising, and implementing policies, procedures, and practices in our district while fully supporting students.

3.3 Establish a fully operational Family Engagement Center to support students, parents, and families as well as provide services, support, and engagement in a centralized location.

3.4 Ensure all schools encourage a clean, healthy, and positive/supportive lifestyle, culture, and climate for all children.

3.5 Apply the use of Multi-Tiered Systems of Support (MTSS) to guide social-emotional supports and interventions at all schools.





# Out-of-School Time

## Survey of Academic and Youth Outcomes (SAYO)

### **SAYO-Y (Youth Survey):**

- A youth self-report assessment that helps organizations better understand youth's program experience and personal development
- Assesses social-emotional competencies including peer relationships, youth voice and self-awareness
- Results are aggregated at the site- or organization levels to understand how programs are supporting social-emotional development of youth overall

### **In Greater East St. Louis:**

- 4 organizations
- 11 program sites
- 293 youth

In Closing... 

**MAKE SEL A PRIORITY TODAY!**

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